

Introduction

Welcome to the Career Guidance & Work Readiness Transition Program! WeLive Foundation has created this workbook to help you explore who you are, understand the world of work, and build a clear, realistic plan for your education and career after leaving the Children's Care Institution (CCI).

Growing up and stepping into independent life can feel overwhelming, especially when it comes to choosing a career path. This workbook breaks that journey into six simple, easy-to-follow sessions, from discovering your interests and personality, to mapping realistic education pathways, building a support system, and finally preparing for job interviews and real-world action. Each session builds on the one before it, so it is important to complete them in order.

There are no right or wrong answers in this workbook. It is a space for you to reflect honestly, dream big, and also plan practically with backup options ,because every strong plan needs a Plan B and a Plan C. We hope this workbook helps you feel more confident, informed, and ready to take charge of your future.

Table of Contents-Career Guidance & Work Readiness:

Session	Title	Focus
Session 1	Discovering Myself	Understanding the difference between a job and a career, identifying personal interests, and taking a career personality quiz.
Session 2	The World of Work	Exploring local community jobs, understanding vocational versus professional career options, and matching careers to school subjects.
Session 3	Finding Inspiration & Support	Identifying personal role models, recognizing the qualities of success, and building a personal emotional, informational, and financial support team.

Session	Title	Focus
Session 4	Mapping Educational Pathways	Understanding post-10th standard paths (PUC streams, ITI, diplomas, or degrees), exploring distance learning (NIOS/IGNOU), and navigating financial aid, scholarships, and quotas.
Session 5	Goal Setting & Backup Plans	Choosing a stream, defining a core 'Plan A' career goal, and building reliable 'Plan B' and 'Plan C' backup plans.
Session 6	Work Readiness & Action	Practicing key job interview skills, building an actionable next-steps plan, and reflecting on career growth.

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