Session 5: Goal Setting & Backup Plans in the Career Guidance & Work Readiness

This session guides learners to set a main career goal and create strong backup options. It explains how to build a clear Plan A, while also preparing Plan B and Plan C for safety. The aim is to help learners stay confident and flexible even if their first choice changes.

- Part 1: Stream Selection Worksheet
- Part 2: Defining My Plan A (The Dream Career)
- Part 3: Building Plan B & Plan C (My Backup Plans)
- Part 4: What If Things Don't Go As Planned?

Part 1: Stream Selection Worksheet

Reflection on Interests and Strengths

Instructions: Before choosing your stream, take a moment to reflect honestly on your interests and strengths.

1. Subjects You Love: List the subjects you enjoy the most.

_____
_____

2. Subjects You Are Good At: List the subjects you perform well in.

_____
_____

3. Dream Career: Write down your career aspirations.

_____
_____

4. College or University Goals: Identify the colleges or universities you aim to join.

_____

_____

Stream and Subject Preferences

Instructions: Review the three main streams below, including their common and elective subjects, to help you decide.

	Science	Commerce	Humanities/Arts
Common Subjects	English-Core, Environmental Education	English-Core, Environmental Education	English-Core, Environmental Education
Elective Subjects	Physics, Chemistry, Biology, Mathematics, Biotechnology, Geology, Computer Science, Economics, Statistics, Anthropology	Business Studies, Accountancy, Economics, Business Mathematics, Entrepreneurship, Multimedia and Web Technology	Political Science, History, Psychology, Sociology, Fine Arts, Advanced Languages, Music, Geography, Statistics

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Optional NSQF Subjects (Available for All Streams):

· IT-ITeS

· Beauty and Wellness

· Physical Education

· Travel, Tourism, and Hospitality

· Others: _____

Music Group (Optional):

· Group A: Hindustani Vocal, Kathak Dance, Tabla, Violin, Sitar

· Group B: Sattriya Vocal Music, Sattriya Dance, Khol, Music

· Group C: Assamese Folk Music, Assamese Folk Dance

Decision Summary

Chosen Stream: _____

Chosen Elective Subjects: _____

Reason for Selection: _____

Part 2: Defining My Plan A (The Dream Career)

Instructions: Your "Plan A" is your top career goal. Fill in the details for your top career choice below. Ask your facilitator if you need help!

1. My Career Choice:

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2. What stream or course do I need after 10th?

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3. What degree or training do I need after PUC?

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4. Total number of years of education needed:

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5. Will I need to travel or stay in a hostel for this?

☐ Yes ☐ No

Part 3: Building Plan B & Plan C (My Backup Plans)

Instructions: Sometimes things outside our control can delay or change Plan A. Having a Plan B and Plan C keeps you moving forward no matter what!

· **Plan B could be a different career in the same field, or an alternative course.**

· **Plan C could be a short-term vocational course that lets you start earning quickly.**

Plan B (Alternative Choice)	Plan C (Short-Term/Vocational Backup
Career Choice: _ _____	**Career Choice: _____** _____
Course Needed: _ _____	**Course Needed: _____** _____
Years Needed: _ _____	**Years Needed: _____** _____

Part 4: What If Things Don't Go As Planned?

Instructions: Everyone wants to do well in their 10th-grade exams, but sometimes life doesn't go exactly as expected. If your results aren't what you hoped for, your future does not end there! Tick all the options you are willing to try.

☐ Write the supplementary exam.

☐ Enroll in a short-term or vocational course that doesn't need high 10th marks.

☐ Take a break, prepare, and write the 10th exam again next year.

☐ Talk to a teacher, counselor, or family member for guidance.

☐ Look for part-time work while studying (part-time study / part-time work).

My Promise to Myself:

If I face a challenge or don't score what I expected, the first person on my Support Team I will talk to is

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